



JANUARY



Musings from the Manager

Highlight Events

Tenant Meeting	3rd
Blood Pressure & Foot Clinic	4th
First Friday Mass at Hill Street Place	6th
Open 500 Card Party	6th
HSP Ecumenical Service with Pastor Johnston	9th
Lunch Outing to Bagels & Brew	10th
Pop up Boutique: Paparatzzi Jewelry	10th
Tai Ji Quan; Moving for Better Balance Begins	10th
Musical Entertainment by Bruce Dysthe	13th
Roaring 20's Supper	16th
Tenant Activities Advisory Council Come check us out!	18th
Foot Clinic	18th
True Light 2nd Grade Visit	19th
HRS 2nd Grade	18th
January Birthday Party	25th

Happy New Year Everyone!

I am excited to welcome in 2017. There are so many wonderful things happening here at Hill Street Place and we are getting ready to start a few more. It is very common to make New Year's Resolutions that involve healthier living choices and we have lots of ways to help you meet some of those goals. Please plan on attending our Tenant meeting on Tuesday Jan 3rd. We have 2 speakers joining us to explain some of the activities we offer on our calendar. Annette Carr, our personal wellness trainer, will tell us some ways she can work one on one with tenants.

Rebekah Reynolds, the new ACE director, will introduce herself and tell us some ways that Hill Street Place will be partnering with ACE to offer classes like Bone Builders and Living Well with Chronic Disease. If time allows, I will also be explaining some evidence based classes that I will be offering throughout the year including Powerful Tools for Care Givers, Matter of Balance, Tai Ji Quan Moving for Better Balance; and Diabetes Self Management. Studies show that no matter what age you are or what physical shape you are in, you are able to work on a Healthier YOU and improve your Quality of Life!

Our goal is offer many options to choose from to keep people

independent as long as possible. Check some of them out and see if any are right for you.

While Ringing in the New Year, we also say goodbye to 2016. We have made wonderful memories throughout the year and have had a lot of fun. New friendships were born but sadly we have had to say farewell to others. Time stops for no one so we strive to make the most of each moment and count our time together as one of the greatest gifts. Even though some of our friends are no longer present here, their memories live on in each of us. Cheers to 2017 as we celebrate our Hill Street Place FAMILY!

Susie Sammons



Meet Your New Neighbors

Phyllis Taveirne
Apt. 222



Becca's Blurb

December has come and gone but Oh what fun we had with the Holiday Season. We enjoyed the many groups who came and sang or played the piano for us, at Hill Street Place. After all, "the best way to spread Christmas Cheer is to sing loud for all to hear". Also, Thank you to the hosts, for opening doors and welcoming carolers.

Hill Street Place tenants traveled to the Lyon County Historical Museum to check out the decorated trees on the Annual Christmas Tree Walk. We also looked through the new retail exhibit at the museum and had icecream sundaes. Our other outing was to Perkins for Lunch. We enjoyed good food and good company.

As we quickly approach January we look forward to "roaring into 2017" with some 1920's themed activities. Here's to wishing you beautiful moments, treasured memories, and all the blessings a heart can know! Happy New Year!

Becca Badgett

Notices

Moving for Better Balance: Tai Ji Quan-Classes will begin 1/10/17, on Tuesdays and Thursdays at 1:30 p.m. in the Pool Table Room. Classes will be taught by Susie Sammons.

HSP December Food Donation: We donated 91 pounds of non perishable food items and \$230.00.

Newsletter: I am looking for newsletter submissions. Some examples of things to submit might be a recipe, a poem or short story that you wrote or something you read in a magazine or newspaper and thought others may enjoy reading. Please drop any submissions of at the office.

Thank You

We've blessed been this Christmas Season! Everyone's generosity and helpfulness has been astounding! Your acts of kindness whether big or small have not gone unnoticed.

Thank you for the many, many, ways you've helped make Hill Street Place a great place to live!



As we begin our new year, 2017, we'd like to pause and remember all former Hill Street Place tenants who died during the past year:

- ♦ Rena Lockwood ♦ Delores McMillan ♦ Betty Friedrichs ♦
- ♦ Josephine Devereaux ♦ Gustaff Buysse ♦
- ♦ Regina DeMeyer ♦ Merlin Gustafson ♦ Julianne Wyffels ♦
- ♦ Maurice Louwagie ♦ Arlene Pasche ♦ Pauline Oster ♦
- ♦ Margaret Doyscher ♦ Florence Nuese ♦

...and we remember our tenants' spouses

who passed away in 2016:

- ♦ Hans Schmahl ♦ Barbara Hemish ♦
- ♦ Louis Brewers ♦ Audrey Almich ♦

