

HILL STREET PLACE HAPPENINGS

APRIL 2024
VOL. 21 ISSUE 4

The earth shook with the news.

**HE IS NOT HERE;
HE IS RISEN!**

And in that moment,

joy REPLACED DESPAIR
hope PUSHED PAST FEAR
life CONQUERED DEATH

not just that day, but for eternity.

We celebrate the **of Christ**
resurrection

for what it meant then and
what it means for us every day,

a sacrifice
that brings
FORGIVENESS, RENEWAL, AND PEACE

to any of us
who put our *faith*
in **Jesus.**

Have a blessed Easter.

*Welcome to our
New Tenant:*



Lorraine Taveirne
Apt. 216

National Volunteer Month...

Have you ever wondered if your simple act of kindness, no matter how small, has the power to create a ripple of positivity across communities?

When your kindness connects with the kind acts of others, real change is possible. Every April, the annual celebration of National Volunteer Month, that kind of collaboration gets much-needed attention.

What is National Volunteer Month? It is an annual celebration dedicated to honoring volunteering efforts around the world — recognizing and becoming people who selflessly devote their time, skills, and energy to support various causes. From aiding the less fortunate to preserving the environment, volunteers play an indispensable role in shaping a brighter future for all.

The history of National Volunteer Month dates back to the mid-20th century. National Volunteer Week was first held in Canada in 1943. The week was dedicated to paying tribute to the unwavering contributions of women during WWII who would collect supplies and help the wounded soldiers. It was here that organized volunteering reached its peak. Numerous groups opened up to escalate humanitarian services, many of which are still active today, like the Red Cross.

Once the war was over, the celebrations dampened down but resurged in the early 1970s. National Volunteer Week debuted in the U.S.A with President Nixon mandating the observance in 1974. In 1990 President H.W. Bush founded a campaign to call volunteers to service and deepen community impact. We started celebrating April as a full Volunteer Month at this time, and every year since.

Here are some statistics about volunteering.

- Americans volunteer 8.8 billion hours annually.
- Volunteering makes us happy & lowers our blood pressure. Yes, helping people releases serotonin and makes people happier! Humans have a natural need to give and to work with others. People who volunteer once a month are happier and less stressed. There is also a link between volunteering and lower blood pressure because volunteering gets people to be more active and engaged.
- Volunteering improves confidence. We all fall into ruts in life when we feel less confident and capable. Volunteering is a fantastic way to boost self-esteem. You can feel good about what you have accomplished.

Thank you so much to everyone who volunteers here at Hill Street Place and elsewhere. Thank you for generously sharing your time and energy and for lending a helping hand where it is needed. You are truly appreciated.



**April dress'd in all his trim, hath put a
spirit of youth in every thing. - William Shakespeare**



Upcoming Events . . .

Open 500 Card Party - Invite your friends to join us on the first Friday of the month, April 5th, for our Open 500 Card Party!

Page Turners Book Club - Page Turners will be reading *Lessons in Chemistry* by Bonnie Garmus. If you would like a copy stop into the Activities Office. Join us for a discussion in the Pool Table Room on Tuesday, April 30th at 11:00 AM.

Health & Wellness Clinics - Stepping Stones Foot Clinic is on Weds. Apr 3rd & 17th. If you are interested stop in Susie's Office.

- Hearing Aid Clinics: Guza Hearing Center on Tues. Apr. 9th or Hearing & Speech on Tues. Apr. 16th at 3:45 PM
- Avera offers Lab Draws on Tuesday's, talk to Susie for more information.
- The Avera/Big Stone Walker & Wheelchair Clinic is at 3PM on Tues Apr. 23rd in the Pool Table Room
- Curana Blood Pressure Clinic on Thurs. Apr. 25th in the Pool Table Room at 11:30 AM.

Intergenerational Fun - Come listen to the Holy Redeemer Second Grade Readers at 8:30 Monday mornings. Mrs Klaith's class is here on Apr. 8th and Mrs Rettey's class on Apr. 15th.

- HRS 2nd Grade music students will be singing 8:30, April 10th
- On Apr. 11th HRS 3rd grade will be leading 10:30 AM Rosary.
- The Girls of Hope Harbor will be here on Monday, April 8th at 3:30. Join them for Friendship Reminisce & make a friendship bracelet.
- Kayko Baton Studios 4:45 PM on Tues., April 23rd

Helping Hands at Hill Street Place - During the month of February we recorded a total of **67** volunteer hours. Thank you to everyone who recorded their hours.

Last Month at a Glance . . .



Easter Monday Office Closed	1
BINGO	2,9,16,23,30
Men's Group: MN Twins	3
MLC Library Outreach	4
Open 500 Card Party	5
HRS 2 nd Grade Readers	8,15
Friendship Bracelet Reminisce with Hope Harbor	8
Virtual Voyage to the Scottish Highlands	9
HRS 2 nd Grade Music Stu.	10
Game Day: Quiddler	10
Rosary with HRS 3 rd Grade	11
Joke Club	12
Movie Matinee: Lifemark	12
Brain Games	12,19,26
Sunday Sing Along	14
Lunch Outing: Pizza Ranch	15
Coloring Fun	15
Music: Lonny Carpenter	17
Volunteer Appreciation	19
Wii Bowling	22
Walker & Wheelchair Clinic	23
Kayko Baton Studio	23
PO•KE•NO 50¢ to play	24
Monthly Birthday Party	25
Card Makers	26
Page Turners: Lessons In Chemistry Discussion	30
Fold & Deliver	30

DOWN

1. Scenic transport
3. Close-knit group
4. Loch monster's nickname
5. Castle spirit
7. Mythical swimmer
9. Bagpiper's garment
11. Traditional Scottish dish
14. Fortresses
15. Game on the green



Scottish Highlands



16. Moorland plant
18. Scottish boy
19. Celtic language

ACROSS

2. Mythical horned creature
6. Highland instruments
8. Freshwater lakes
10. Single malt choice
12. Keys
13. Plaid pattern
16. Mountainous region of Scotland

17. Sheep's coat
19. Competition event, Highland _____
20. Violin
21. Prickly plant
22. Unofficial "Capital of the Highlands"



Tartan Tales . . .

~ Activity Connection

Scottish American Heritage Month is a time to don kilts, hum to the tunes of bagpipes, and celebrate the rich tapestry woven by Scottish immigrants in the fabric of American history. Rewind to the 17th and 18th centuries, and picture the adventurous Scots sailing across the Atlantic to the promising landscapes of Canada and U.S. They sought refuge from religious persecution, economic hardships, and land scarcity. Political unrest, coupled with the promise of religious freedom and better prospects, were incentives for many Scots to pursue a fresh start in the New World.

The spirited settlers didn't just plant their flags; they wove their culture into the fabric of their new homes. From Nova Scotia to North Carolina, they created communities that echoed the hills of Scotland. They didn't leave behind their love for haggis or bagpipes; they infused these traditions into the heartbeat of American culture.

Fast forward to today, and you'll find echoes of Scottish influence in the very fiber of America. From the lilt of folk tunes to the thunder of athletes at Highland Games, their legacy lives on. The haunting, soulful whine of bagpipes and the swirl of tartans evoke a sense of kinship, reminding us of the mark left by these pioneers.

Scottish American Heritage Month isn't just a nod to history; it's a celebration of resilience, tradition, and the merging of cultures. From their stories of fortitude to their rich cultural contributions, their legacy transcends time, resonating in the essence of the American spirit. This April, don your tartan, strike up the bagpipes, and celebrate the remarkable journey and enduring impact of the Scottish Americans who made this land their own. Raise a dram of whisky (or your favorite beverage) to salute the spirited Scots who helped shape America. Cheers to a heritage as rich and diverse as the Scottish landscape itself!

Mobile Milestone

On April 3, 1973, Motorola employee Martin Cooper stood on a New York City street corner and made the first cellular phone call to a colleague at Bell Labs in New Jersey. Unlike the first telegraph message ("What hath God wrought?") or the first telephone conversation ("Watson, come here. I want to see you."), Cooper's words have been forgotten. His device, however, is now everywhere, thanks to a purchase price far below the original price tag of \$3,995.

Apple Pie Bars



INGREDIENTS - Apple Filling

- 4 ½ C. chopped cubed apples
- 2 T. granulated sugar
- 2T. & 1 tsp all purpose flour
- 2 tsp lemon juice
- 1 tsp ground cinnamon
- ¼ tsp ground nutmeg

INGREDIENTS - Crust & Crumbles

- 2 C. all purpose flour
- ¾ C & 1 T unsalted butter, cubed, cold
- ½ C granulated sugar
- 1 tsp ground cinnamon

INSTRUCTIONS

1. Preheat oven to 350°F. Grease 8" pan
2. Toss chopped apples in medium bowl with lemon juice, sugar, flour, cinnamon & nutmeg. Set aside.
3. In large bowl combine flour, cinnamon & sugar. Add cubed butter and cover with flour so you can cut the butter easily. Use 2 forks or a pastry blender.
4. Assemble: Spread ⅔ of the mixture in the baking pan with spoon. Lightly flour the spoon to avoid it sticking to the flour-butter mixture.
5. Add the apple mixture over the dough and cover the apples with the remaining ⅓ dough. You can make some big crumbles by squeezing the dough with your hand.
6. Bake for 55 minutes until the top becomes golden brown and the crumbles are crunchy. Let it cool completely before slicing. (You can let it cool at room temperature for 1-1.5 hours and then you can keep in the freezer so it can cool faster.

Honesty & Deception

~ Activity Connection

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo "Always tell the truth." But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty.

Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!

Major League Debut

~ Activity Connection

On April 15, 1947, Jackie Robinson played his first major league baseball game with the Brooklyn Dodgers against the Boston Braves in front of a crowd of 25,000 spectators at Ebbets Field in Brooklyn. This marked the first moment that an African American athlete played a sport in any of the major leagues.

Robinson did not get a hit that day, but he was awarded the first ever Rookie of the Year title that year. In 1949, he was named the National League's Most Valuable Player. The next year, he became the Dodgers' highest paid player with a salary of \$35,000. In 1955, Robinson led the Dodgers to a World Series victory over the New York Yankees. A perennial All-Star and Hall of Famer, Robinson's number 42 was retired by all of baseball on April 15, 1997.

