

Welcome to Hill Street Place's Newest Staff



**Rosemary
Hernandez**
Housekeeper



Welcome to Hill Street Place's Newest Tenants



**Mary Pat
Middleton**
Apt. 222

Musings from Activities . . .

~ Abbey Agra

You know the saying "this isn't my first rodeo?" Well last year was mine. I attended the Lyon County Fair August 2023 to watch the rodeo and to volunteer at the Holy Redeemer Food Stand. Honestly, the rodeo gave me mixed feelings. To preface, I am not knowledgeable of farming, rodeo, or the likes. I am used to interacting with animals as pets or once cooked, food. So I was unsure how I felt about the calf roping, steer wrestling, etc. But, my friends quickly told me that the calf roping doesn't hurt them. I enjoyed the cowgirl barrel racing the most. They zipped around the barrels lightning fast. One of the cowgirls was racing for her first time. She looked about 10 years old. She knocked down one of her barrels on accident in the beginning, which added a 5 second penalty. I think it was the nerves because after that, it went smoothly for her. Everyone stood up to cheer for her after she finished. For her first ever barrel race, she did great.

At the food stand, I was in charge of the French fries. The cook made the fries, then deposited them on a pan. From there, it was my turn. I salted the fries, bagged them in small paper bags, and put them under the red-lighted pan to be served. My job was easy enough, but deciding whether the cook should make more was another story. Sometimes the fries would sit for an hour, sometimes they'd be gone as soon as I restocked. It was especially difficult during the last hour of the fair because groups would come in right before it closed down for the night. It was a sweaty job being near the fryer, the red light, and in the hot kitchen in August but it was fun. I got a free dinner, and I tried my first ever beef commercial and walking taco. Both of which became my favorite foods. I also made friends with my kitchen neighbor, Barb, who made the beef commercials. She talked to me about her family, and I talked about my last year of college.

Out of all the fair food, funnel cake is my favorite. After that is fried Oreos and fried pickles. Since moving to Minnesota, cheese curds have quickly become one of my favorites too. I don't know how I lived without knowing of cheese curds. I think they're better than mozzarella sticks because there's more crunch in each bite. I also didn't know you could eat them as is (without frying them). I suppose it is breaded cheese after all but it still surprised me. I've enjoyed all the cheese curds I've tried but I especially enjoy the curds from the Wooden Nickel. They're the crispiest and crunchiest. Let me know if you agree. Honestly, anything deep fried is good as long as it's not an everything thing.

As soon as I bought my funnel cake, it started to downpour rain. Thankfully, I got a golf cart ride all the way back to my car from my new friend. Overall, the Lyon County Fair last year was a memory I'm glad I made.



No man is an island, entire of itself; every man is a piece of the
continent, a part of the main. - John Donne

PUT THIS on YOUR CALENDAR!

Olympic Triathlon	1
500 Card Party	2
Fitness Fun: Golf	5
Olympic Shooting Gallery	5
Tenant Meeting	6
BINGO	6,13,20,27
HSP Bible Study	7,14,21,28
Olympic Athletics Event	7
Chautauqua: eSports	8
Joke Club bring a joke to share	9
Brain Games	9,16,23,30
Tenant Happy Hour	9,23
Sing Along with LuAnn	11
HSP Olympic Closing Ceremony	12
Wii Bowling w/ Hope Harbor	12
PO•KE•NO 50¢ to play	14
Reminisce: Show & Tell	15
Lunch Outing: County Fair	16
Sr Day at the Lyon Co Fair	17
Craft	19
Game Day: Sequence	21
Music: Jerry & Ginger	22
Movie: Race - The Memory Keeper's Daughter	23
Virtual: Kauai, Hawaii	26
Fitness Fun: Hula	26
Game Day: Roll with the Hawaiian Punches	26
Page Turners Discussion: The Jane Austen Society	26
Monthly Birthday Party	28
Card Makers	29
Men's Group: Shades of the Past	29
Fold & Deliver	30

Upcoming Events . . .

Page Turners Book Club - Page Turners will be reading *The Jane Austen Society*. If you would like a copy stop into the Activities Office. Join us for a discussion in the Pool Table Room on Tuesday, August 27th.

Health & Wellness Clinics - Curana Blood Pressure Clinic on Tuesday, August 6th in the Pool Table Room at 3:00 PM. Curana also offers in-home visits. • Stepping Stones Foot Clinic is on Weds. August 7th & 21st. If you are interested talk to Susie. • Hearing Aid Clinics: Guza Hearing Center on Tues. August 13th or Hearing & Speech on Tues. August 20th at 3:30 PM • Avera offers Lab Draws on Tuesdays, ask Susie for more information.

Helping Hands at Hill Street Place - During the month of June we recorded a total of **43.75** volunteer hours. Thank you all who recorded their hours.

Last Month at a Glance . . .



A Slice of Heaven

~ Activity Connection

Braham, Minnesota, is the Homemade Pie Capital of Minnesota, and they aim to earn that reputation on the first Friday of August. There are plenty of pies to eat, either at your leisure or competitively during the pie-eating contest. There are pies for sale and pies to bid on in the pie auction. There are pie-baking lessons and contests. There is even a Pie Art Show with art in two categories: 2D (drawings or paintings of pies) and 3D (pie sculptures). While Braham was declared the Pie Capital in 1990, the city first became famous for its pie in the 1930s and 1940s, when travelers would take a “shortcut” through Braham on the way to Duluth and stop at the Park Cafe for its famous pie. You’ll still find a huge variety of pies on the menu today. Dutch apple, banana cream, blueberry cream, strawberry, and coconut cream are local favorites. Which one is the best? There’s only one way to find out—visit Braham on an empty stomach!

Before becoming the 50th and final state on August 21, 1959, Hawaii’s history is a tapestry of Indigenous Polynesian culture, European exploration, and colonialism. Captain James Cook’s arrival in the late 18th century marked the beginning of significant Western influence on the islands. In the 19th century, Hawaii became a hub for the global sugar trade, attracting immigrant labor from China, Japan, Portugal, and the Philippines.

The road to statehood was not without challenges. Despite the islands’ importance during World War II, it wasn’t until after the war that momentum for statehood gained traction. In 1959, Hawaii joined the Union, becoming the first state with a majority Asian population and the only state composed entirely of islands. Today, Hawaii is celebrated for its breathtaking landscapes—lush rainforests, cascading waterfalls, and pristine beaches with crystal clear waters. The islands are also home to unique flora and fauna found nowhere else on Earth, such as the endangered Hawaiian monk seal and the vibrant hibiscus flower, the state symbol.

Join us for some Hawaiian fun on Monday, August 26th!



Food Word Search

5			6	7			
	4		3	9	8		
3	7						1
4						3	
6	3		1	2	5	9	4
	1						8
8						7	6
		7	2	6		1	
			5	3			9

H	G	E	M	I	L	K	D
A	O	R	A	N	G	E	C
Z	P	E	P	E	A	S	Y
P	F	P	G	Q	Z	B	O
Z	E	D	L	G	C	R	G
M	E	A	T	E	S	E	U
M	W	E	R	X	D	A	R
F	J	U	I	C	E	D	T

- Word list:
 APPLE
 BREAD
 EGGS
 JUICE
 MEAT
 MILK
 ORANGE
 PEAR
 PEAS
 YOGURT

SUDOKU

The clouds may part and a radiant light shine down on someone you know on August 22, Be an Angel Day. The word angel comes from the Greek word anglos, which means “messenger.” Many people believe that angels do exist, acting as messengers of God, and the Catholic Church has documented over 490,000 specific angels of nine different types: seraphim, cherubim, thrones, dominions, virtues, powers, principalities, archangels, and angels. Angels also figure prominently in Judaism and Islam.

How can we emulate angels here on terra firma? Perhaps we, too, can be messengers of truth, justice, and love. Another way is to be a guardian angel, a selfless defender of those who cannot defend themselves, a guide and protector of those who have lost their way. A more modern twist is to become an angel investor. These investors offer money or capital for a promising business venture. While it may be impossible to embody the characteristics of a heavenly angel, Be an Angel Day can still inspire us to be better people.



FANCY TUNA DIP

INGREDIENTS

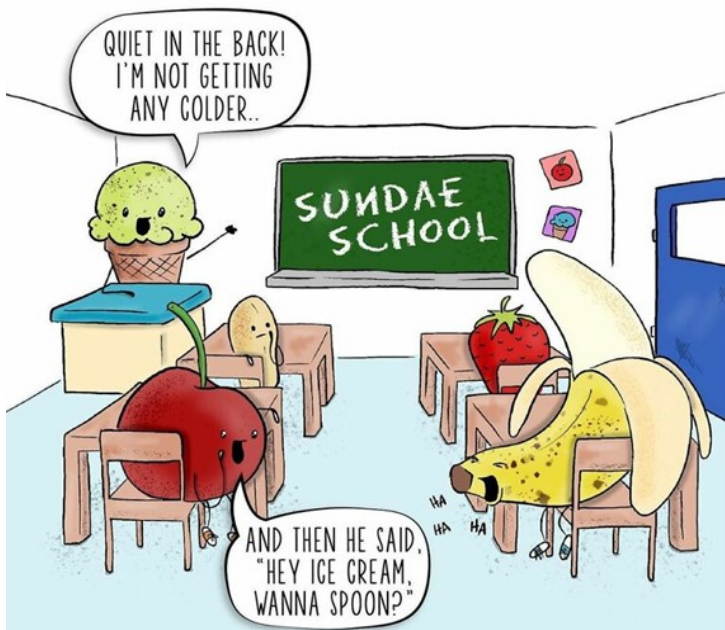
- 1/3 cup cream cheese, room temperature
- 1 cup sour cream
- 1 (7-ounce) can tuna fish, drained and flaked
- 1/4 cup chopped stuffed olives
- 2 tablespoons chopped chives
- 2 teaspoons prepared horseradish
- 1 teaspoon Worcestershire sauce
- 1/4 teaspoon salt
- Crackers or vegetables for serving



INSTRUCTIONS

1. Combine cream cheese and sour cream with a hand mixer until smooth. Stir in tuna, olives, chives, horseradish, Worcestershire sauce, and salt.
2. Cover and chill for 2 hours. Serve with crackers or vegetables.

Makes 8 servings.



Lyon County Fair

~ Lyon County

The first Lyon County Fair was held at Marshall in October of 1874, and was declared to be a success with several hundred people being in attendance. A county fair association was organized in 1903-1904. Grounds were purchased near Marshall for \$6000 and buildings were erected. Since that date, fairs have been regularly held. Currently, the fair is held the 2nd week in August. Gather with friends and family at the Lyon County Fair! Events each night, food stands galore & the midway — there is something for everyone.

Wednesday: The White Sidewalls.
Thursday: PRCA Rodeo & IV Play.
Friday: PRCA Rodeo & The Red Dirt Band. Saturday: Demolition Derby & Senior Day. Sunday at 1pm: American Legion Bingo. Visit lyoncountyfairmn.com/schedule/ to see events.



The Golden Age

~ Activity Connection

Saturday, August 21st is Senior Citizens Day, a day to recognize the importance of seniors and support



them in their endeavors as they age. August 14 marks another significant day for older generations — Social Security Day, a day honoring

FDR's signing of the Social Security Act into law in 1935. We should honor our seniors all year long, not just in August, but what makes this demographic so special? For one, there are a lot of them—over 62 million in America, or about 18 percent of the population. And research shows that seniors are more satisfied than the young. Perhaps it comes from a confidence born of living through the Great Depression and WWII. It may be that seniors finally have time to focus on enjoying the present rather than worry about the future. This might be the most valuable lesson we can learn from our senior friends!

Don't forget Saturday, August 17th is Senior Day at the Lyon County Fair. There will be BINGO sponsored by Hill Street Place and music by the Boulder Estates Choir. Let's celebrate YOU!