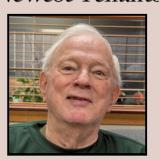
HILL STREET PLACE HAPPENINGS

NOVEMBER 2024 Vol. 21 Issue 11

Welcome to Our Newest Tenants



Bob Cool Apt. 321



Trixie Cool Apt. 321



Ysabel Castaneda Housekeeper

Musings from Activities . . .

~Abbey Agra

Halloween, Thanksgiving, Christmas, and New Year's are the four big holidays packed into the last three months of the year, each with its own special charm. Halloween is a fun, creative holiday for dressing up, eating candy, and spending time with friends. Thanksgiving brings a sense of community, gratitude, and tradition. Christmas centers on spirit, family, and friends. And New Year's is all about ringing in a fresh start, letting go of the past, and embracing new beginnings. This month, we celebrate Thanksgiving, a time of blessings, belonging, and festivity.

The centerpiece of Thanksgiving is the meal, which varies from family to family. Turkey, ham, mashed potatoes, stuffing, and cranberries are classic staples. But you might also find regional favorites like Minnesota's hotdishes, fresh pies, and Norwegian lefse. In North Carolina, we have collard greens, sweet potatoes, cornbread, oysters, and other seafood. What are your Thanksgiving foods?

Traditions are just as important as the meal. Maybe you use your grandmother's dishware, sit in the same spot at the table every year, or hold hands during the prayer before dinner. We watch the National Dog Show (but not the Macy's Parade) while the turkey is cooking. These traditions provide comfort and meaning, grounding us in a sense of familiarity. My favorite tradition is holding hands before the meal, while we each share something we're grateful for. The answers are always personal, heartfelt, and different each year. What are your Thanksgiving traditions?

Since my parents moved to Japan, I've spent Thanksgiving with James' family. We gather at his grandparents' house with a mix of family and friends. Each person brings something to contribute. Funnily enough, James and I were asked to bring bread rolls while James' older brother, Hunter, was asked to bring napkins. I guess his family did not have high hopes for our cooking. After 7 years together, James and I are excited to share that we are getting married on November 16th, with a private reception to follow here at Hill Street Place. While the reception will be a private gathering, I'd love to talk about it, show photos, and bring my wedding dress to share during a Chautauqua later on (once the photos are ready). Thank you for all your well wishes and support as we take this exciting step together, and I look forward to talking more about this special time in the future!









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Upcoming Events . . .

Page Turners Book Club will be reading *The Nightingale* by Kristin Hannah. If you would like a copy stop into the Activities Office. Join us for a discussion in the Pool Table Room on Tuesday, December 3^{rd.}

Health & Wellness Clinics - Curana Blood Pressure Clinic on Tues., Nov. 5th in the Pool Table Room at 3:00 PM. Curana also offers in-home visits. • Hearing Aid Clinics: Guza Hearing Center on Tues., Nov. 12th or Hearing & Speech on Tues., Nov. 19th at 3:30 PM • Avera offers Lab Draws on Tuesdays, ask Susie for more information.

Helping Hands at Hill Street Place - During the month of September we recorded a total of **30** volunteer hours. Thank you all who recorded their hours.

Intergenerational Fun - Come listen to the Holy Redeemer 2nd Grade Readers at 8:30AM Tues. Mrs. Rettey's class on Nov. 5th and Mrs. Klaith's class is here on Nov. 12th. • On Nov. 7th HRS 3rd grade will be leading 10:30 AM Rosary. • Come play Wii Bowling with Hoper Harbor on Nov. 12th at 3:30PM. Come play games with Marshall Girls U10 Hockey Team on Nov. 13th at 3:30PM.

2024 Hill Street Place Holiday Bazaar is on Nov. 22nd 2-6PM. Come on down to do a little Christmas shopping, pick up some sweet treats, and have a ton of fun! Free and open to the public.

Last Month at a Glance . . .











Small Biz Saturday

~ Activity Connection

Small Business Saturday is the perfect excuse to explore your local shops and support your community. Celebrated on the Saturday after Thanksgiving, this special day encourages people to buy from small, independent businesses. It's a great way to discover unique products and services you won't find in big-box stores.

Shopping small means your money stays local, helping to boost the local economy and support your neighbors. From cozy cafés to quirky boutiques, small businesses add character and charm to your town. Plus, you're likely to receive personalized customer service and find one-of-a-kind items.

So this Small Business Saturday, skip the crowded malls and online giants. Take a stroll down Main Street, enjoy some local flavor, and make a big impact by supporting the small businesses that make your community special.

The third week in November is Geography Awareness Week. Perhaps you remember geography as nothing more than a class you slept through in elementary school, but it is integral to our understanding of personal identity—who we are and where we come from. November 18–22 is a good time to learn how we function with the world around us.

You don't need to be a mapmaker to appreciate geography. We are physical beings who inhabit a physical landscape: our homes lie on the earth, our food comes from the earth, the weather affects our daily routines. We constantly manage our relationships with the world around us in order to survive, thrive, and be happy. In all of these ways, we live through geography every day.

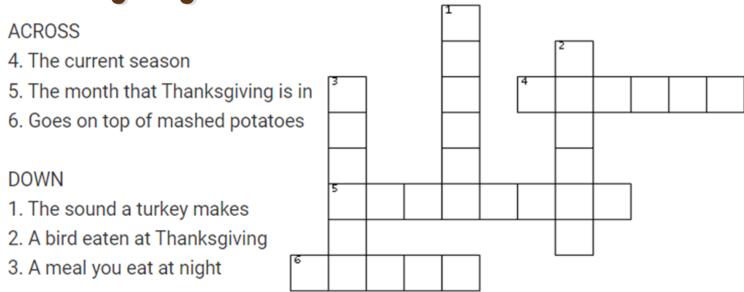
The best way to celebrate is to get out and explore your local geography. But before you do, take this short quiz on geographical terms. **Match the term to the definition below:**

- 1. **Peninsula** A. Where a river meets the sea or ocean
- 2. **Tundra** B. A pair of points that are on opposite sides of the planet
- 3. **Antipodes** C. A mountainous land formation that is flat on the top with steep walls
- 4. **Estuary** D. A body of land surrounded by water on three sides
- 5. **Mesa** E. A cold, treeless area

Now that you've taken our quiz, go out and explore the local geography. What geographical terms describe your area?

2. 6. 7. 8. 8. 4. 4. 8. 6. 9. C. E. 3. B. 4. A. B. 6. 9. C. E. 9. 9. O. D. S. B. 9. O. D. D. S. B. 9. O. D. D. S. B. 9. O. D. S.

Thanksgiving Crossword Puzzle





Mom's Zucchini Bread

INGREDIENTS

- 3 cups all-purpose flour
- 1 teaspoon salt
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 tablespoon ground cinnamon
- 3 large eggs
- 1 cup vegetable oil
- 2 1/4 cups white sugar
- 3 teaspoons vanilla extract
- 2 cups grated zucchini
- 1 cup chopped walnuts

INSTRUCTIONS

- 1. Preheat oven to 325 F. Grease and flour two 8x4-inch pans.
- Sift flour, salt, baking powder, baking soda, and cinnamon together in a large bowl.
- Beat eggs, oil, sugar and vanilla together in a separate large bowl with an electric mixer until combined; add flour mixture and beat well.
- Stir in zucchini and walnuts until well combined.
- 5. Pour batter into prepared pans.
- 6. Bake in oven about 40 to 60 minutes. Cool for 20 minutes.

Makes 24 servings

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them."

- John F. Kennedy

Rockin' Through the Years

~ Activity Connection

Rock and roll, a genre that revolutionized music, began in the early 1950s, blending elements of rhythm and blues, jazz, gospel, and country. Its roots can be traced back to African American musical traditions, which profoundly influenced its development.

It was Elvis Presley, the "King of Rock and Roll," who brought rock and roll into the mainstream. His 1956 hit "Heartbreak Hotel" topped charts and made him a household

name. Other pioneers included Chuck Berry, whose guitar riffs and showmanship set the standard for future rock musicians, and Little Richard, whose wild performances captivated audiences.

The late 1950s and early '60s saw rock and roll evolve into various subgenres. The British Invasion, led by the Beatles and the Rolling Stones, brought a new wave of rock music to the United States, blending rock and roll with British pop influences. This era also saw the rise of surf rock, with bands like the Beach Boys capturing the spirit of the California lifestyle.

By the late 1960s, rock music had become more experimental. Psychedelic rock, exemplified by bands like the Jimi Hendrix Experience and the Doors, pushed the boundaries of sound and performance. The Woodstock Festival in 1969 symbolized the peak of the counterculture movement and the unifying power of rock.

On November 9, 1967, Rolling Stone published its first issue, marking a significant moment in rock history. John Lennon graced the cover, and it cost only a quarter to purchase. The magazine became a leading voice in music journalism, covering the latest trends, iconic artists, and cultural shifts within the rock-and-roll world.

Rock and roll's journey from its early days to the early 1970s laid the groundwork for countless genres and artists, forever transforming the cultural landscape.