

## Welcome to Our New Staff



**Jewel Nelson**  
Housekeeper

“HERE COMES  
THE SUN,  
AND I SAY,  
IT’S ALL RIGHT.”  
– THE BEATLES



## Musings from Activities . . .

~ Abbey LeRoy

Is it just me or do you always forget about Daylight Savings until the next day? I take for granted the constant ticking of the clock and then get completely befuddled when it changes twice a year. This month, Daylight Savings begins Sunday, March 9th. Nowadays you don't even have to manually change the clocks on your TVs and smart devices—they do that themselves!

As it happens, the week after Daylight Savings is National Sleep Week with National Napping Day on Monday and World Sleep Day on Friday. We're getting the memo by hosting a Slumber Party Social from 2-4PM on Friday, March 14th in the Dining Room! Come in your comfy pajamas, robes, and slippers, and bring your teddy bear or stuffed animal for a Show-and-Tell! Sign up in the office.



What was your first sleepover like? My first sleepover that I remember was at my neighbor Shelby's house. We explored the swampy marshland near her backyard, played with her hunting dogs, and watched her hermit crab walk around. The sleepover ended when I couldn't fall asleep at 2AM, and I wanted my mom to pick me up (we lived on the same road). Nevertheless, it was a fun time for a 7-year-old. One thing I learned about sleepovers is there's not much sleep involved but there is a whole lot of fun.

Sleepovers can be tricky at times. It's tough to navigate having a sleepover following a birthday party if not all the kids are invited to both. Feelings can easily get hurt over exclusivity and favoritism. I've known friend groups that have fallen apart due to sleepover invites. That's why we at Hill Street Place make it our goal to be as inclusive as possible. We want everyone to feel the warmth of home and a sense of community as they walk through the door—to make it a place you will enjoy calling home.

While sleepovers can sometimes bring challenges, they also teach us the value of inclusivity and belonging. Sleepovers are full of memorable moments and laughter. From movie nights, to sharing stories, to the late-night junk food, there's always something fun happening. So, let's relive those good times and create new memories at our Slumber Party Social. See you there!



Friday, March 14<sup>th</sup>  
2 PM the Dining Room

Wear pajamas or comfy  
clothes and bring a teddy  
bear or stuffed animal  
and join the fun

Pizza & drinks provided.  
Sign up in the office by March 12





# PUT THIS on YOUR CALENDAR!

## Upcoming Events . . .

Music: Jake Moravetz	3
Tenant Meeting	4
BINGO	4,11, 18,25
Maintenance Worker Appreciation Coffee	6
MLC Library Outreach	6
500 Card Party	7
BINGO with the Lorenzo's - 50¢ to play	8,22
Wii Bowling	10
Hope Harbor Coloring & Nails	11
Bus to Soup & Sermon	12,19,26
Craft: Acorn Necklace	12
Men's Group: Ryan Anthony	12
Chautauqua: Mayor Byrnes	13
Joke Club	14
Card Makers	14,21,28
Slumber Party Social	14
Movie: Sound of Music	15
Virtual Voyage: Ireland	17
Luck of the Irish	17
Lunch Outing: Brau Brothers	18
Game Day: Scrabble	19
Monthly Birthday Party	20
Brain Games	21,28
Chautauqua: AARP 6 Pillars of Brain Health	26
PO•KE•NO 50¢ to play	27
Fold & Deliver	31

**Page Turners Book Club** will be reading *Lilac Girls* by Martha Hall Kelly. If you would like a copy stop into the Activities Office. Join us for a discussion in the Pool Table Room on Monday, March 31<sup>st</sup>.

**Helping Hands at Hill Street Place** - During the month of January we recorded a total of **41.5** volunteer hours. Thank you all who recorded their hours.

**Intergenerational Fun** - Come listen to the Holy Redeemer 2<sup>nd</sup> Grade Readers at 8:30 Tues. mornings Mrs. Rettey's class on March 4<sup>th</sup> and Mrs. Klaith's class is here on March 11<sup>th</sup>. Holy Redeemer 3<sup>rd</sup> Grade will pray the Rosary on March 6<sup>th</sup>. On March 28<sup>th</sup>, Mrs. Lenz' 4<sup>th</sup> Grade music students will sing for us.

**Display Case** - We are looking for Japanese-related items for our display case. Please stop by the Activities office and let us know if you have something to share.

## Last Month at a Glance . . .



## A Tale of Two Names

~ Activity Connection

March in Egypt brings more than warm sun and ancient wonders—it offers a celestial showstopper. On March 19, during the spring equinox, the Great Sphinx of Giza steals the spotlight as the sun sets perfectly on its shoulder, creating a moment of alignment that is both awe-inspiring and steeped in ancient precision. This phenomenon occurs only twice a year, in March and September, showcasing the sphinx's extraordinary positioning. The equinox itself is a time of balance, when Earth's hemispheres receive equal sunlight, making day and night the same length. For the sphinx, carved from limestone bedrock and likely modeled after Pharaoh Khafre, it's an ideal occasion to bask in the sun—a cosmic nod to its enduring role as a guardian of Egypt's ancient secrets and astronomical knowledge.



**WORD SCRAMBLE DIRECTIONS:** Unscramble each set of letters to discover a vocabulary word relating to the fun-filled month of March.

CNSTIE_____	YDNWI_____	QXUNOEI_____
TEYBUFLRT_____	OLERV C_____	SBAKETBLL_____
TPCAIRK_____	LOOMB_____	ODROTOS_____
REENG_____	KULC_____	PCHRAUNELE_____
RDGENA_____	SRTAEE_____	
REWOFL_____	ROWNABI_____	
IKET_____	CICPNI_____	
RAMHC_____	MHCROSKA_____	
IGNSPR_____	ESSOAN_____	
PAARDE_____	FDOFDIAL_____	



## Full-Court Frenzy

~ Activity Connection

The “Road to the Final Four” begins Tuesday, March 18. Sixty-eight of the country's best men's college basketball teams will compete in a three-week tournament known as March Madness, or the Big Dance. With so many games to follow, it's common for fans to watch several games at once across channels.



The tournament is also crucial for college basketball programs aiming to bolster their national reputation. The NBA draft takes place three months after the tournament, and a player's performance during March Madness can impact their draft prospects. While the focus is on team play, standout individual performances still draw attention. Top contenders like Kansas, Duke, Kentucky, Arizona, and Gonzaga remain perennial favorites. Yet, the magic of March Madness often lies in the unexpected—a “Cinderella” team overcoming the odds to deliver a victory.



# Cat in the Hat Cookies

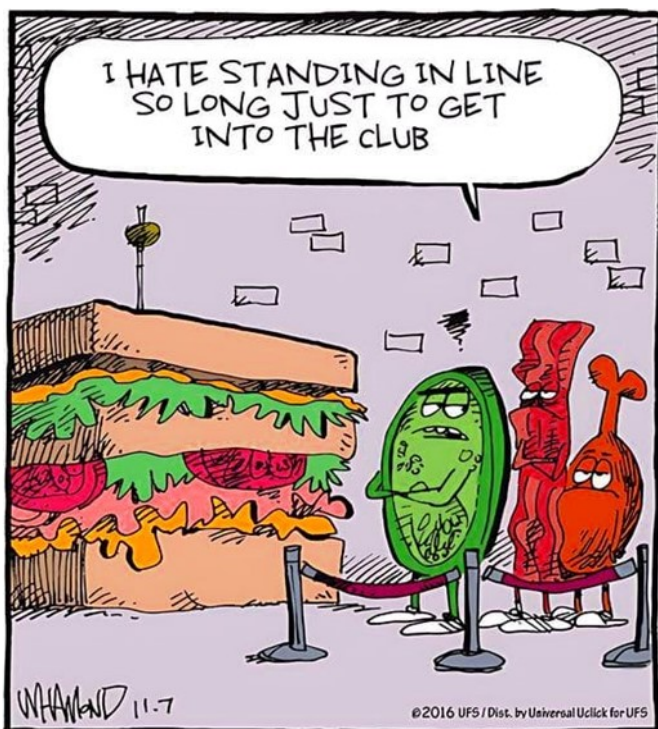
## Ingredients:

- Oreo cookies
- Strawberries
- Bananas



## Instructions:

1. Separate your Oreo Cookies.
2. Save the cookie half that has the cream filling attached. Either save the other half for another recipe or just eat it.
3. Slice your strawberries so that they are round.
4. Slice your bananas. Stack your strawberries and bananas on top of the Oreo cookie, cream side up, alternating between the two fruits until ending with a strawberry on top.



## Words of Wisdom

~ Marshall Independent

In today's chaotic world, it seems we could all use a few words of wisdom. I recently came across an article about Charlie Chaplin. One of his comments referred to the six best doctors in the world. I found those words of wisdom to be timely and upbeat.

Charlie listed the number one doctor to be the sun. Doesn't a sunny day feel good and provide us with insight into the importance of light in our lives? Naturally, one must protect her or his self from too much sun, and we can all do that. The sun gives us life, and, with every new day, it gives us another chance to make the world — even our little corner of it — a better place.

Rest is the number two doctor. We must ask ourselves how our resting routine is doing for us. Being able to relax, sleep and hang out is critical to good health. If rest is difficult, find out the reason and somehow solve that dilemma. Find your place of peace.

Doctor number three is exercise. We must remain as active as we can be all during our walk through life. Stretch, bend, flex, life and walk. A daily walk — or run if you can — is a perfect way to make this doctor feel proud of you.

Doctor number four encourages us to watch our diets. This doc stresses the importance of eating minimal amounts of processed foods, and to focus on healthy fruits, veggies, whole grains, nuts and lean meats. Of course, this type of healthy eating can be difficult for some of us, but listen to the doctor!

Self respect is the mantra of doctor number five. In order to give respect, we must learn to respect ourselves. You are unique. You are genuine. You are special to others. Once we respect ourselves, we can then pass on that respect to others. They are unique. They are genuine. They are special to others. Enjoy this feeling of self respect.

The sixth doctor asks you to seriously embrace your friends. They are critical to your overall health. It's through and with them that we can feel the sun, find rest, exercise together, teach each other to eat healthily and to help build self respect.

Mr. Chaplin was very wise. Let's follow the doctor's instructions for a better life. Cheers!